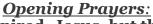
HOW TO PRAY THE CHAPLET OF DIVINE MERCY



You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

(Repeat 3 times) O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

Our Father, Hail Mary and the Apostle's Creed

For each of the five decades (On each "Our Father" bead of the rosary, pray)

JESUS, I TRUST IN YOU Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

(On each of the 10 "Hail Mary" beads, pray) For the sake of His sorrowful Passion, have mercy on us and on the whole world.

<u>Concluding prayer (Repeat 3 times)</u> Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Holy Week Supplement (B) - March 2024 St John Fisher Newsletter Supplement

Every Sunday = Easter Sunday = The Lord's Day = The Day of His Resurrection and victory over sin, sickness and Eternal Death.

As we approach the end of Lent and our final preparations to re-consecrate ourselves to the Lord in **the Renewal of our Baptismal Promises** at Easter let's recall at what great price our lives have been purchased, "ransomed, healed, restored, forgiven", the cost of the Blood of the Lamb of God, the Son of God, Our Lord. This we can recall **every Friday**, especially through sacrifices / penances, extra prayers and devotions. **Every Sunday**, however, is the Day of His Rising from the Dead, with His victory over sin, sickness and eternal death. **EVERY SUNDAY is EASTER SUNDAY**, every week. Every Sunday is the Day of the Lord: the Lord's Day, the whole Day, not only One or Two Hours or anything less than an hour. The Whole Day is **the Lord's Day**, and in School Holidays.

The Lord's Day = 24 Hours for The Lord every week ... a day of rest and recreation from heavy work: housework, DIY, shopping and maybe sports too. Indeed it is a day for the family to be together, but FIRST - for everyone to say "Thank You" to God for love, life and everything by the worship of God and for making us all into saints.... Have a blessed Sunday!

GOOD FRIDAY: 29th March 2024

is a Day of Fasting and Abstinence, as we enter into the Mystery of God's great love for us.

- **FASTING:** all adults (eighteen years or older) are bound to FAST (eat less food, one main meal only) up to the beginning of their sixtieth year.
- **ABSTINENCE:** all those who have completed their fourteenth year are called to ABSTAIN from meat. It is good for even small children to learn the authentic sense of and so **PENANCE** in the life of Christians.
- Also, begin the **NOVENA** (Nine Days of Prayer) **of DIVINE MERCY -GOOD FRIDAY** (29th March) **to DIVINE MERCY SUNDAY** Second Sunday of Easter, Low Sunday, 7th April, **the Eighth Day and greatest Day of the Easter Solemnity**, with such special graces attached, even better than an Indulgence.



PALM SUNDAY: 24th March

Palms will be blessed and distributed at all Masses.
The Passion Gospel of St Mark will be read at all Masses.
9:30am Mass begins in the Day Chapel for Procession;
11:00am Mass begins in the Church Hall,

for the Procession into Church.

4:00pm Exposition of the Blessed Sacrament

4:45pm Evening Prayer of the Church

Monday 25th, Tuesday 26th and Wednesday 27th - Masses at St John Fisher: 6:45am and 9:00am

(SPY) WEDNESDAY - 27th March

11.30am Mass of Chrism in St. George's RC Cathedral, Southwark,

with the priests, religious and Laity of the diocese.

The Holy Oils used in the Sacraments for the coming year are blessed, and the priests renew their commitment

to the Priesthood.

7:30pm Stations of The Cross

HOLY THURSDAY: 28th March

7:00am The Church opens for private prayers

5:00pm Mass: for the young families and senior citizens

who cannot come to the Celebration at 8pm.

8:00pm Mass of the Lord's Supper, including the washing of feet,

concluding with watching and praying until 11:30pm at the $\,$

Altar of Repose. Please try and spend some time Watching.

11.00pm Night Prayer of the Church (Compline).

GOOD FRIDAY: 29th March

Solemn Day of Fasting and Abstinence

7:00am The Church opens for private prayers

11:00am: Service for children based on the sufferings of Jesus

3pm: Solemn Liturgy of the Passion of Our Lord,

Veneration of the Cross and Holy Communion.

There will be a collection for the Holy Places

of Palestine, please be generous.

7.30pm: Stations of the Cross

HOLY SATURDAY: 30th March

NO MASSES at 9:00am or 6:00pm

7:00am The Church opens for private prayers

8pm Easter Vigil including Blessing of the New Fire and the Easter

Candle; The Vigil of Readings; The Liturgy of Baptism and Renewal of Baptismal Promises, wherein Jacob and Megan will be baptised. Samantha receives all sacraments of Christian initiation and Cynthia will receive the Sacrament of

Confirmation.

(We pray that they will be fulfilled in their new undertaking).

EASTER SUNDAY MASSES: 31st March

(N.B. The clocks go forward one hour on Sunday 31st March) Holy Mass: 8:00am, 9.30am, 11:00am, 6.30pm

EASTER MONDAY: 1st April

Holy Mass: 10:00am

The normal parish timetable resumes on Easter Tuesday

CONFESSIONS

Monday 25th March from 9:30am to 10:30am

Tuesday 26th March from 9:30am to 10:30am

Wednesday 27th March No Confessions (Chrism Mass)

Thursday 28th March from 9:30am to 10:30am

Good Friday from 9:30am to 10:30am

Holy Saturday from 9:30am to 10:30am

EASTER OFFERINGS:

your personal gift to the Priests of the Parish, envelopes are at the back of the Church.

You may know that the Clergy do not receive a salary as such and rely upon the Christmas and Easter Offerings to supplement any income received through Mass Stipends and Stole Fees for Baptisms, Funerals, and rare Weddings.

May the Risen Lord bless you abundantly and bring a lot of happiness to you and your family. Happy Easter from Fr Francis Nonyelu, Fr Joseph Edem, Deacon Tom Kavanagh.



